## HOPE FOR THE BEST PLAN FOR THE REST

## **DISCUSSION GUIDE**

1	How did your opinion of the book change as you read it	?
2	Which key was your favorite and why?	
3	Which key did you find most challenging and why?	
4	What was the most valuable piece of advice and why?	
5	What surprised you most about the book?	
6	Did you try out any of the keys or exercises? How did it	go?
7	Did you re-read any chapters? If so, which ones?	
8	Who would you recommend this book to and why?	
9	Are there lingering guestions from the book you're still t	hinkina abou



## Want to tell us how it went? Reach out:



